



Be Cart Smart: Include the Food!

Changes are coming October 31. The City needs your help to spread the word about the new materials and change of service. [Check the FAQ's on line to understand resident concerns.](#) Sign up for events on the calendar or organize your own table at an event. Present at a community meeting or go door-to-door to talk to your neighbors. Some events are in the works that are not yet on the calendar include a pumpkin carving event at a farmer's market and talking to shoppers at participating stores.

Check out the Be Cart Smart kit and engage your own communities about these upcoming changes.

Ads and articles are already appearing in local papers. You should see bus tails on TriMet soon. The curbside hotline expanded hours to ensure that residents can get help through the transition.

Remember residents can get help in three ways:



Online: www.portlandcomposts.com

Hotline: 503-823-7202

Email: wasteinfo@portlandoregon.gov

Contact for kit: [Alicia Polacok](#), 503-823-7107

Join the Campaign!

A handwritten signature in black ink, appearing to read "J Lauren Norris".

J Lauren Norris

You are invited! Master Recycler Fall Open House

Plastics and Our Oceans

Metro, Room 370, 600 NE Grand Ave, Portland
Wednesday, November 16th 6:30 – 8:30 p.m.

Spend the evening with two Portland residents who accompanied separate [5 gyres](#) expeditions, sailing through



remote oceanic areas to study plastic pollution. **Nastassja Pace (Class 42)** will share her experience as a Master Recycler, a “Bag Banner” and artist focused on plastic bags. **Megan Ponder** lead the Bag Task Force for the Office of Mayor Sam Adams. She now works for the Bureau of Planning and Sustainability on waste reduction policy development and implementation. Both will share

their passion for plastics pollution prevention and their amazing adventures seeing the impacts of plastics in our oceans. They will also share the exciting outreach efforts happening world wide to solve this problem.

RSVP to [Master Recycler](#).

Appreciations

Centurions

Mitzi Sugar (Class 44) is one stellar Master Recycler. As a a Mentor, she organizes monthly Master Recycler networking gatherings, and became our *first ever* Master Recycler Event Recycling Liaison, assisting in connecting Master Recyclers with organizations who need technical assistance. On top of all that, Mitzi (along with the horde of Master Recyclers she has recruited) has been breaking new ground in organizing event recovery at some big events this summer. 87% recovery rate at the North American Organic Brewers Fest, 65% at the Oregon Brewer’s Fest (up from 12% last year) and numbers are still being tallied for the Vegfest that happened recently. Her positive attitude and organization skills have proven to be an incredibly effective combination in improving recovery in our region.



Mitzi at the Oregon Brewers fest.

Certified

Jackie Yerby (Class 46) tapped into her own community connections to talk about the “triple bottom line” (Equity, Environment, Economy) as well as business sustainability. She presented at Catholic Charities, the Alberta Business Association, and the Arbor Lodge New Seasons green team. Then as if that was not enough cool work, she acted as the event recovery coordinator for the Muddy Boot Festival.



Jackie donning safety gear for the Blue Heron tour.



Liz (on left) joins Janna, Felicita and Chatten at the Zoo.

Young people seem to be a theme for payback for **Liz Brown (Class 46)**. She is instituting hot lunch composting at the Saint Thomas More school cafeteria. She worked closely with [Recycle at Work](#) staff to negotiate between principals, teachers, janitors and haulers to create the system. She then worked with teachers and students on education and implementation. Liz also joined the Backyard Makeover team of Master Recyclers at the Zoo who have spent the summer engaging families in greener cleaners, thoughtful consumption, Be Cart Smart and composting and worms.

Renee Johnson (Class 46) spent much of her 30 hours at her work place at Mississippi Street Pizza. She organized a series of Swap-O-Rama gatherings at this community hub. She also implemented composting in the business and made it available to the apartment dwellers in the building. Renee also assisted classmate Jackie Yerby in organizing the event recovery at the Muddy Boot Festival. The Be Cart Smart curbside hotline was lucky enough to hire Renee and classmate Salvador del Cid for the expanded customer service hours. They are fantastic assets to the team!

Betty Benson (Class 47) and classmate Cecelia Warner teamed up this summer to staff a regular recycling information table at the [Forest Grove Farmer's Market](#) this summer. They had a delightful summer chatting with market goers and inspiring changes at the market and homes in Forest Grove.



Volunteer Opportunities

Fall Home and Garden Show

Portland Expo Center,
2060 North Marine Drive, Portland
September 29th to October 2nd
Thursday, September 29th 11 a.m. – 8 p.m.
Friday, September 30th 11 a.m. – 8 p.m.
Saturday, October 1st 10 a.m. – 8 p.m.
Sunday, October 2nd 10 a.m. – 6 p.m.



John Bootzin (Class 47) at Gresham Farmers' Market.

There are two volunteer opportunities at the largest home and garden show in the state:

The ReBuilding Center

Help spread the word about the great services of The ReBuilding Center. A required training will be provided, Sept 20 from 6 - 7 p.m.

Contact: [Rosie McGown](#), 503-467-4985

Metro Healthy Homes

Help staff the Metro Healthy Homes booth and answer questions about green cleaners, compost and waste reduction. Take your choice of any 3 or 4 hour shift. Admission ticket provided, but not parking.

Contact: [Caran Goodall](#), 503-797-1693

Candy Lane Elementary Harvest Festival

5901 SE Hull Ave., Milwaukie
Saturday, October 8th 12:40 p.m. – 4:40 p.m.

Join Clackamas County staff at this family friendly school event to staff a reuse activity booth. Attend training on the children's reuse activity ahead of time on Thursday October 6th at the Clackamas County offices 150 Beaver Creek Rd Oregon City.

Contact: [Laurel Bates](#), 503-742-4454



Wendy Possen (class 46) talking to kids about worms.

Annual Willamette Riverkeepers Cleanup

Saturday October 8, 8:30 a.m. - 1:30 p.m.

(includes setup and free lunch celebration after)

Multiple locations along Willamette including:

West Linn
Oregon City
Gladstone
Milwaukie
SW Portland
SE Portland
N Portland



Join over 500 volunteers in removing trash by boat, land or bike. Last year, organizing and training efforts by Master Recyclers resulted in recovery of items retrieved from the river for the first time. Join in to help make that happen again at a location of your choice.

Contact: [Kevin McCarter](#) (Class 44), 503-970-9670

Matt Briggs Deep Green Home Tours

Locations will rotate in downtown Lake Oswego

Saturday, October 8th 1 – 5 p.m.

Check out a kit and staff an information booth of any topic of your choice: Recycling, Greener Cleaner, compost/worm bins.

Contact to volunteer: [Lisa Clifton](#), 503-675-1108

Kit contact: [Sherri Dow](#), 503-742-4463

Portland Bring Your Bag Day

Select grocery stores in NE and SE Portland

Saturday, October 15th 10 a.m. – 4 p.m.



Starting October 15, plastic bags will no longer be available at the checkout in large grocery stores and large retailers with pharmacies. This is a big win for our environment, as well as our recycling facilities, where plastic bags jam and shut down machinery.

Paper bags will still be available at the checkout, but this is a great time for Portlanders to get even better at remembering to bring reusable bags! Several grocery stores have invited the City of Portland and Master Recyclers to hand out reusable bags and share tips on how to remember them.

Contact: [Alicia Polacok](#), 503-823-7107

Washington County Energy Fair

Washington Conference Center,
102 SW Washington St, Hillsboro
Wednesday, October 19th 10 a.m. – 1 p.m.

Staff a Tip your Lid information booth for Washington County on residential recycling.

Contact: [Michelle Pimentel](#), 503-846-3651



Kim Buslach and Megan Nance
(Class 42) at Energy Fair 2010.

Home Improvement and Remodeling Show

Oregon Convention Center, 777 NE ML King Blvd, Portland
Friday, October 21st 11 a.m. – 8 p.m.
Saturday, October 22nd 10 a.m. – 8 p.m.
Sunday, October 23rd 10 a.m. – 6 p.m.

Help spread the word about the great services of The ReBuilding Center at the Home Improvement and Remodeling Show. A required training will be provided, time TBD.

Contact: [Rosie McGown](#), 503-467-4985

Community Action Organization Energy Fair

Lincoln Street ES, 801 Northeast Lincoln Street, Hillsboro
Saturday, October 22nd
Shifts: 8:30 a.m. – noon and noon – 3 p.m. (includes set up and take-down)



Jeff Corwin (Class 46) at United Cerebral Palsy Walk, Roll, Run event.

There's a topic for everyone at this fun community event. Offering money-saving solutions and educational opportunities to low-income households while emphasizing healthy, environmentally friendly homes and gardens, this is one of the most effective tabling opportunities, reaching a diverse audience who come specifically to learn what you have to teach. This is a big effort so everyone is invited to join in!

There are several opportunities at this event.

Washington County/Tip Your Lid

Join Washington County staff for the Tip Your Lid booth on residential recycling.

Contact: [Michelle Pimentel](#), 503-846-3651

Metro Healthy Homes

Join Metro staff for the Healthy Homes booth on green cleaners, and compost.

Contact: [Caran Goodall](#), 503-797-1693

Metro Recycling

Join Metro staff for the bean bag and wheel of fortune booth on recycling.

Contact: [Maria Davila](#), 503-813-7578



Miriam Reeber (Class 40), Robin Woolman (Class 43), Lisa Clifton (Class 40), and Amy Monahan (Class 43) at Lake Oswego picnic.

Conservation News

How to Be an Agent of Change in Your Circle of Influence

A free course with Jeanne and Dick Roy, Center for Earth Leadership
Starts the week of October 10th, dates determined by participants

Calling Washington County Master Recyclers! Learn a proven framework for putting Master Recycler skills to work. Impact the culture where you live, work, and play in the Beaverton/Hillsboro area. Class is free, but registration is required.

For more information or to register, contact Emily Klavins, 503-227-2315

Master Recycler Gathering

Madison's Grill, 1109 SE Madison St., Portland
Wednesday, October 19th 7 p.m.

Join fellow Master Recyclers every 3rd Wednesday of the month at 7 p.m. to brainstorm, talk about projects, discuss Master Recycler-related topics and have a few beers! This is an informal way to stay connected after completing your classes and keep the momentum going by sharing ideas and networking. Spouses and friends are welcome.

Contact: [Mitzi Sugar](#) or [Kevin McCarter](#)

Incognito

SCRAP, 2915 NE Martin Luther King, Jr. Blvd, Portland
Friday, October 28th 8 p.m.

Incognito

Save the date!

SCRAP invites you to the third annual Incognito on Friday, October 28.

It's not your fancy dress party anymore. It's a masquerade. It's a party. It's a fundraiser. It's a masquerade party fundraiser. (Without the fancy price tag.)

Costumes are encouraged and masks are required.

Join us at SCRAP on Oct. 28 at 8 pm for music, food, costume contests ... and a little mystery.

Made possible by these generous sponsors: [Chinook Book](#) [ReDirect Guide](#)

Job Opportunities

EMPLOYMENT OPPORTUNITIES

can be found in
Job Seekers at the
Master Recycler Forum

www.MasterRecycler.org



Metro Waste Reduction Policy Analyst/ Program Evaluator

This position performs a variety of complex research, planning, modeling and analysis projects, primarily around the development, maintenance and improvement of measurement and evaluation methods to assess progress toward meeting regional waste and toxics reduction goals and objectives.

To apply or for more information visit [Metro](#). Closes October 3rd.

Contributors to this issue of the Master Recycler Newsletter include Wing Grabowski, J Lauren Norris, and Alicia Polacok.