

May News

Master Recyclers tend to obsess about plastics. Without reiterating the litany of problems with the material, suffice it to say, there is good reason. But let's not forget to talk to folks about the material that makes up the majority of our waste stream: Paper!

Paper factoids every recycling enthusiast should know.

- 14% of the metro area garbage is paper.
- Add another 7% if you count food soiled paper.
- Businesses in the metro area throw away 20 tons of paper every 30 minutes.
- Paper products make up 89% of the area's recycling.



More sustainable paper practices will help conserve our forests, streams and local jobs.

Close the Loop.

Eighty percent of the paper that Portlanders set aside for recycling goes to mills in our region. These mills are locally owned and create jobs. Paper mills are really feeling the present economic crunch. The region continues to send these mills tons of paper for recycling every day, but we are not buying recycled content paper at the same rate. One Newberg company was recently forced to temporarily close as they don't have enough room to store all the paper they made but can't sell.

It is not enough to just set your paper out for recycling. We can help save local jobs and keep fiber from being shipped overseas by buying recycled content paper. If you are on a green team, run a business or have a home office, make sure your procurement practices include using recycled content paper and buying local. Did you know that Blue Heron Paper just came out with a line of paper towels for companies? Check it out at www.blueheronpaper.com.

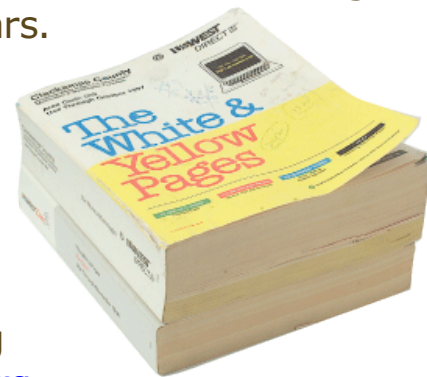
Keep the Paper Stream Clean.

Master Recyclers can continue to share two major messages in order to improve curbside paper recycling: "Keep Glass on the Side" and "No Plastic Bags." These two are our biggest contaminants in our commingled recycling. They cost our local mills millions of dollars.

Don't Forget to Reduce.

The following links can help:

- Stop [junk mail](#) at home and at work
- Opt out of receiving certain [phone books](#)
- Receive free waste prevention assistance at work, including e-filing, double-sided printing and using draft paper. www.recycleatwork.org



Thank you to the newly Certified Master Recyclers

Tracy Vogel (Class 32) participated in many a Plastics Roundup. She also recently became an Agent of Change through the Leadership for Earth Institute and is starting a Green Team at Forest Hills School in Lake Oswego.

Jennifer Devoe (Class 36) offered waste prevention education at her church and Moms' Green Group in Cedar Mills. She also helped at the Fix-it Fair and several trade shows to talk about green building and the Rebuilding Center.



Lisa gets a pledge from a resident to use his new grocery tote bag.

Lisa Sundby (Class 37) signed up to help all over Portland on issues from e-waste to waste prevention. Since she moved to Vancouver she is now working on becoming a Master Composter there. They are lucky to have her!

Susan Mead (Class 38) orchestrated a number of recycling information tables for Master Recyclers to join her in fun places like Symphony in the Parks and Earth Day at New Seasons Market in Lake Oswego.

After just a little over a month of graduating, **Sharon Leingang (Class 40)** is the first in her class to certify! Sharon was out of the gate running; tabling at trade shows, helping neighbors learn about wise shopping, supporting a maternity swap event and several Earth Day Celebrations.

Century Club Gains Four New Members!

Believe it or not, a total of four Master Recyclers completed 100 hours in April. Thanks to all four of you for your continued dedication and creative projects!

Sharon Miller (Class 30) Sharon created her corner in the Master Recycler world by setting up tables in Farmer's Markets all over the region. Greener Cleaners are a regular choice for her, but she's tabled on just about all the subjects. Sharon also took the lead on several Plastics Roundups and has barely missed a single Roundup since the beginning. And as if that isn't enough, she has helped both Washington and Clackamas Counties staff booths for their county fairs (something both counties always prize as a huge help!). Sharon has also been a great Master Recycler Mentor, helping greet Master Recyclers as they graduate.

When **Bill Steimer (Class 34)** retired from being a lawyer, it was one of the best things that could have happened to the Master Recycler program! In reality we got two fabulous advocates for waste reduction. Bill's 100 hours should pretty much be doubled because his wife **Patsy Steimer** joined

him on most of his projects. Bill and Patsy have taken a grassroots organizing approach to the work they have done, from working with neighboring



Bill and Dan at Woodstock Neighborhood Picnic.

Master Recyclers creating a Neighborhood Green Team to organizing booths at Woodstock Neighborhood Picnics. Bill wrote many witty and informational articles for his town house community and he and Patsy recently joined a team to assist New Columbia in North Portland with recycling. Together they wrote a grant with Cracked Pots to assist the low-income community to identify leadership that will spearhead a recycling movement. They also identified a fabulous new Master Recycler **Doug Haley** who is taking the present class and will do great things.

Tracey Gamely (Class 36) is a mover and shaker. She boldly started her volunteer hours on Tualatin Valley Cable TV talking to thousands of Washington County residents about waste prevention and recycling. Tracey was also one of the first to discover that she was not the only Master Recycler at Intel. Partially due to her instigation, there is now an active team of Intel Master Recyclers organizing Earth Day Week, Plastic Roundups and education outreach. The group has a life of their own, coming up with new ways to do cool things at Intel.



Rob engages a Brownie troupe on worm composting.

Every time **Rob Kappa (Class 37)** volunteers somewhere he pours his heart into it. And the people he talks to are moved. Rob receives many glowing reports wherever he volunteers: at the Zoo, with Brownies, Plastic Roundups, Fix-It Fairs. Rob is everywhere – often more than one part of the region on the same weekend. As

if completing 100 hours in one year isn't enough, he also attended the Master Gardener Program at the same time and is completing those hours as well. And as the picture shows, he clearly he is a great expert on compost and the worms.



Master Recycler's Business Practices Earn BEST Award!

Congratulations to our very own **Angel Feather (Class 34)**, owner of Lady Bug Café, for winning a prestigious BEST Award for impressive sustainable business practices. This bustling cafe in St. Johns has only generated 150 lbs of waste for the last two years! Other Master Recyclers' businesses considered this year were **Brenda Demaree (Class 37)** of Purdy Paint Brush Factory, **Willow Elliott (Class 38)** of Elliot Associates Inc., **Trevor Kitchen (Class 41)** of Waste Management of OR and **Robert Bowles (Class 41)** with Award applicant Rose City Mortgage. Epsom Portland, Inc, where Master Recycler **Kimberley Sackman (Class 27)** works, was awarded BEST Practices for Sustainability for Large Companies. These businesses are great role models for how to run a sustainable operation. To see all of this year's BEST Award winners, visit www.portlandonline.com/BPS/BESTAwards.



Angel Feather with mayor Sam Adams and commissioner Dan Saltzman.

Volunteer Opportunities

Portland Recycles! small grants program evaluation project

June – August 2009, Portland

Time commitment varies depending on organization's project and funding.

The goal of the Portland Recycles! Small Grants Program is to offer grant money to neighborhood, community and nonprofit organizations for projects or items that will help them overcome barriers to waste prevention and increase recycling while educating the community. Master Recyclers are needed to provide technical assistance to organizations granted funds through the program. Provide assistance with waste prevention and recycling during the evaluation of projects and verify the necessary community education component.

Contact: Alicia Polacok (503) 823-7107, apolacok@ci.portland.or.us

Moreland Farmers Market Event Recycling

Bybee and SE 14th, Portland

Wednesdays 3:30 – 7:30pm

Three Master Recyclers plan to help Moreland Farmers' Market improve their recycling system. They seek Master Recyclers who will help staff an

information booth on any Wednesday afternoon this spring and summer.

Contact: Heather Randol, hsmrandol@hotmail.com

Hillsboro Farmers Market

Historic District Main Street and 2nd Ave, Hillsboro

First Saturday of every month

Shifts: 7:30 a.m. – 11 a.m. and 10:30 a.m. – 2 p.m.

Join Heidi Lambek (Class 39) tabling on recycling and Greener Cleaner (and worms later in the season). Times include set up and breakdown.

Contact: Heidi Lambek (503)475-5850, oregontreehugger@gmail.com

Portland Park Blocks Farmer's Market

PSU SW Harrison and Montgomery, Portland

Saturdays in May, shifts 8 – 11:30 a.m. and 11 a.m. – 2:30 p.m.

Join Master Recycler Audrey Desler (Class 39) on one or several Saturdays in May at an information table. The topics will vary throughout the month.

Contact: Audrey Desler, reuse.it.now@gmail.com

King Neighborhood Cleanup

NE Police Precinct (back lot) 449 NE Precinct, Portland

Saturday, May 2nd 8:30 a.m. – 1:30 p.m.

Help with education, volunteer training or the reuse area at this new neighborhood cleanup location.

Contact: Charles Boardman, charlesboardman@gmail.com

St. Johns Parade and Bizarre

North Lombard & North Burlington, Portland

Saturday, May 9th 9:30 a.m. – 2 p.m.
and 2 p.m. – 6:30 P.m.



Staff a booth at St. Johns Bizarre.

Staff a Portland Recycles! booth at this great community event. The Bizarre runs concurrently with the St Johns Parade with music in the

plaza and a food court and beer garden. Last year was a big hit and this year we expect it to be bigger and better.

Contact: Alicia Polacok (503)823-7107, apolacok@ci.portland.or.us

Orenco Farmers Market

NE Orenco Station Parkway and NE 61st, Hillsboro

Second Sunday of every month

Shifts: 9:30 a.m. – noon and 11:30 a.m. – 2:30 p.m.

Join Heidi Lambek (Class 39) tabling on recycling and Greener Cleaner (and worms later in the season). Times include set up and breakdown.

Contact: Heidi Lambek (503)475-5850, oregontreehugger@gmail.com

Portland Parks & Recreation Adaptive Recreation class

Matt Dishman Community Center, 77 NE Knott St, Portland

Thursday, May 14th 6 – 7:30 p.m.

Lead class discussion about the three R's for adults with disabilities.

Contact: Alicia Polacok (503)823-7107, apolacok@ci.portland.or.us

Green Fair

PacifiCorp's Portland Call Center, 1900 SW 4th Ave., Portland

Friday, May 15th 11 a.m. – 5 p.m.

Give a short presentation and answer questions at this event, intended to help connect 200 PacifiCorp workers with organizations that serve green action.

Contact: Ellen Graham W. (503)813-7407 x7889 / Cell (503)381-9932, ellen.graham@pacificorp.com

Arbor Lodge Neighborhood Cleanup

Chief Joseph School, 2409 N

Saratoga St, Portland

May 16th 9 a.m. – 2 p.m.

Assist neighborhood volunteers in sorting material for recycling.

Contact: Arlene Holmes, (503)289-5765

**Don't forget to log
your volunteer hours**
Visit www.masterrecycler.org
and click on the Members tab.

North Tabor Neighborhood Clean Up

Fred Meyer back parking lot, at 66th and NE Glisan St, Portland
Saturday, May 16th 9 a.m. - 3 p.m.

Educate 12-15 volunteers as well as the general public who participate in this event for the North Tabor neighborhood and surrounding areas.

Contact: Sean Besso (503)806-9014, seanbesso@yahoo.com

Public Works Weekend

Washington Square Mall, 9585 SW
Washington Square Rd, Tigard
Saturday, May 16th and Sunday, May
17th

Shifts: Saturday: 9:30 a.m. - 4p.m.
and 4 - 9 p.m.

Sunday: 9:30 a.m. - 3 p.m.
and 3 - 7:30 p.m.

Come share the principals of the "Three Rs" at this well-attended public works agency event. Materials and displays will be set-up prior to the Saturday start time, but the final shift on Sunday will pack away materials for transportation to the County offices.



*Staff a booth at Washington County
Public works event*

Contact: Michelle Pimentel (503) 846-3651, michelle_pimentel@co.washington.or.us

Molalla Spring Fling

Leonard Long Park 315 N. Molalla Ave, Molalla
Saturday, May 16th 9:30 a.m. - 5:30 p.m.

Celebrate Spring in Molalla with crafters, vendors and a chili cook off! This is a two day event. Staff it for one or two days. Check out a kit from Clackamas County on recycling and staff a booth at this great community event.

Contact for kit: Sherri Dow sherridow@co.clackamas.or.us

Contact for booth: Anne Marie Bracco (503)675-1773, fullcircleround@yahoo.com

Citizen Participation Organization (CPO – 3) Presentation

Garden Homes Rec Center 7475 SW Oleson Rd, Unincorporated
Washington County
Wednesday, May 20th 7 – 9 p.m.

Washington County Sustainability Coordinator, Ronda Chapman-Duer, will be offering a short presentation at this community meeting. The CPO invites a Master Recycler to enhance her presentation with one on recycling and waste prevention. Check out literature/kit from Washington County.

Contact: BJ Ken, (503)292-0920, cell (503)887-6386, bjnkenc@hevanet.com

Gresham Farmers Market

NW 3rd St., between Miller & Main, Gresham
Saturday, May 30th
Shifts: 8 – 11 a.m. (includes set up)
and 10:30 – 2:30 p.m. (includes teardown)

Join Rachel Zarfes (Class 37) tabling on proper recycling preparation and waste reduction.

Contact: Rachel Zarfes, 503-618-2206, rachel.zarfes@ci.gresham.or.us

Rose City Park Neighborhood Cleanup

Archbishop Howard Middle School 5309 NE Alameda St, Portland
Saturday, May 30th 9 a.m. – 3 p.m.

Join Master Recycler Mentor Colleen Johnston (Class 36) to organize plastic recycling collection at this community cleanup event.

Contact: Colleen Johnston (503)670-9135, colleen.johnston@providence.org

Portland Eastbank Farmer's Market

SE 20th and Salmon, Portland
Thursdays in June 3 – 7:30 p.m.

Join Master Recycler Audrey Desler (Class 39) on one or several Thursdays in June at an information table. The topics will vary throughout the month.

Contact: Audrey Desler, reuse.it.now@gmail.com

Durable Bag Campaign

Grande Foods 1619 N. Adair, Cornelius

Saturday June 6th and Sunday June 7th 11 a.m. – 5 p.m.

Master Recyclers who speak Spanish can help to promote reuse with patrons by distributing reusable bags with waste reduction tip sheets. Bags and literature will be boxed up and taken to the store for set-up and display. Sunday volunteers can make arrangements to return supplies at the end of the outreach.

Contact: Michelle Pimentel, (503) 846-3651 michelle_pimentel@co.washington.or.us

Conservation News



SCRAP's Grand Opening Gala

2915 NE MLK Blvd. (Corner of MLK and Stanton), Portland

Saturday, May 9th 6 – 8 p.m.

Ribbon cutting with Mayor Sam Adams @ 7 p.m.

Come enjoy your very own creative stimulus package: Portland's favorite place for sustainable inspiration has a brand new home and we're ready to celebrate! SCRAP's new location is larger, with thousands of reusable items to explore that will surely satisfy your crafty and artistic cravings. Please join special guest Mayor Sam Adams for our gala grand opening party featuring music, refreshments and lots of creative whimsy.

www.scrapaction.org

JOB OPPORTUNITIES

can be found in Job Seekers at the Master Recycler Forum.

www.MasterRecycler.org

